
Please share this newsletter with all members of the dental team. The purpose of the newsletter is to be as inclusive as possible and to be an easy way to communicate important information out to all dental stakeholders in Shropshire and Staffordshire.

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“Working together to improve oral health”
NHS.net email accounts for dentists

To register for an NHSmail account;

1. Fill in the application form which is available by clicking on the link and then pressing the “Registering Dentists” tab. Once complete, email the form to Sarah Godber; sarahgodber@nhs.net.

2. Sarah will then review your request and make sure all the information is correct so that it can be passed onto the appropriate NHSmail Local Organisation Administrator (LOA) to set up the account.

3. If you aren’t eligible for an account, they will let you know. You may not be eligible for an account if you only need to exchange patient or sensitive information on an infrequent or ad-hoc basis with health and social care organisations, or if you already use another email service that is publicly funded.

4. Before registering, you will need to have completed the Information Governance toolkit. If you are registering as part of a practice, only one person per practice needs to do this. If you are registering as part of a group of practices, only one nominated headquarters needs to do this. This is an accreditation that is required for access to any NHS national service to ensure that these services remain secure. Please see: http://www.igt.hscic.gov.uk

5. Your LOA will contact you with details of your new account and how to activate it. The LOA will text you a security code and then call you with your account details. Once you have confirmed the security code you have received, they will give you a username and password which you will need to change the first time you log in.

6. If you have registered several accounts for your practice, the LOA can allocate administrator rights to one or more of them if required – this will allow that account holder to unlock accounts and reset passwords.

7. Once you have activated your account and logged in you will find a welcome email providing the following information:

   · How to keep the account secure
   · Account quota details
   · Your LOA contact details for ongoing administrative support
   · Where to find help and guidance

You can set up a shared account for your practice or site if you need to. The email address will always end @nhs.net but you can specify the part of the email address before the @ sign.

As an example, the email address for John Smith of High Street dental practice could be John.Smith@nhs.net with the display name (the name displayed to the recipient in their inbox) 'Smith John (High Street Dental Practice)'. A shared email account for that dental practice could be highstreetdentalpractice@nhs.net (High Street Dental Practice).

“Working together to improve oral health”
Local dental courses

Stafford
5th June 2019 - Hands On Crown and Bridgework
3rd July 2019 - Oral Surgery Hands On Course
10th July 2019 - Restoring broken down anterior teeth
24th Sep 2019 - Safeguarding Children Level 2

Stoke
13th June 2019 - Managing Medical Emergencies in the Dental Practice
3rd July 2019 - Using Appraisal to develop your Personal Development Plan in line with your GDC Enhanced CPD Cycle
11th Sep 2019 - Adult Safeguarding

Telford
4th Sep 2019 - Medical Emergency Update including CPR and Defibrillator training

Shrewsbury
13th June 2019 - Communication & Conflict Management
2nd July 2019 - Local Anaesthetic Update for the Dental Team
12th Sep 2019 - Safeguarding Children - Level 2

Burton
19th June 2019 - Equality, Diversity and Unconscious Bias
17th July 2019 - Safeguarding Vulnerable Adults
20th July 2019 - IRMER Update
18th Sep 2019 - Effective conversations: Introduction to coaching & mentoring - COHORT 16 - Day 1
26th Sep 2019 - Effective conversations: Introduction to coaching & mentoring - COHORT 16 - Day 2
16th Oct 2019 - Effective conversations: Introduction to coaching & mentoring - COHORT 16 - Day 3

Please click on the links to go to the relevant webpage in Maxcourse.
“Working together to improve oral health”
Employment opportunities in Staffordshire and Shropshire

Throughout the year, several job opportunities arise across the region and providers are finding it increasingly difficult to recruit new performers. The local dental committees collate information about job opportunities and can advise performers and providers alike on future career decisions. If there are any providers that have vacancies or performers that are looking for employment, it would be advisable for them to contact their respective LDCs for more information. Please see contact information below:

South Staffs LDC—Secretary—Adam Morby—secretary@southstaffsldc.com
North Staffs LDC—Secretary—Clare Banks—ldcsecretary@yahoo.com
Shropshire LDC—Secretary—Anish Patel—secretary@shropshireldc.org

Previous issues of the Local Dental Network newsletters

All previous issues of the LDN newsletters can now be accessed from the South Staffs LDC website. Please see link below,

www.southstaffsldc.com/South_Stiffs_LDC/LPN.html

and also, via the LDN app. Please contact jo.athersmith@nhs.net who will be able to send you a link to download the app.

SHROPSHIRE LDC CPD EVENT

Dear colleagues,

This event which was due to take place on Saturday 18th May 2019 has now been postponed. Please look out for further information from your LDCs about future CPD events later on this year.

“Working together to improve oral health”
**Advancing Dental Care Review - Leadership development survey**

As part of the Advancing Dental Care Review, Health Education England (HEE) is conducting research to understand the attitudes of Dental Professionals towards leadership training and development. An online survey has been developed to enable Dental Professionals (Dentists and DCPs) to share their views and experiences, which will help HEE better understand training needs and to develop and improve leadership development offers that are relevant and effective.

The survey, which is being conducted by Breaking Blue on behalf of HEE, should take no more than 10 minutes to complete and your response would be much appreciated. The link to the survey is open until 5pm on Friday 14 June 2019.

[Click here to take part in the survey](http://uk.focusvision.com/survey/selfserve/59f/190403)

For further information about the Advancing Dental Care Review, please visit our website [https://www.hee.nhs.uk/our-work/advancing-dental-care](https://www.hee.nhs.uk/our-work/advancing-dental-care)

Professor John Darby

Advancing Dental Care Review Leadership and Development Workstream Lead

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**ARR guidance year end March 2019**

To all Dental professionals,

The ARR period runs from the 01 April 2019 to 30 June 2019 and providers and performers must ensure that they complete this within these timescales.

If you have any queries regarding this matter more information can be found on the [NHS Pensions website](http://NHS-Pensions-website) and on their online knowledge data base [Ask Us](http://Ask Us).

**Primary Care Team, NHS England and NHS Improvement - Midlands**

Anglesey House, Towers Business Park, Wheelhouse Road, Rugeley, Staffordshire, WS15 1UL

E: [England.RugeleyPrimaryCare@nhs.net](mailto:England.RugeleyPrimaryCare@nhs.net)

“Working together to improve oral health”
Often, when water fluoridation appears in the headlines it is presented as a controversial subject. However, the evidence is clear that water fluoridation is a safe and effective measure to help people improve their oral health. At the levels we permit in our water supplies, there is no evidence of it causing any harm.

Among children aged one to four, child hospital admissions due to tooth decay are halved in fluoridated areas compared to non-fluoridated. It continues to be an effective intervention for local councils to consider in their efforts to reduce tooth decay.

Areas in the Midlands including Birmingham have had fluoridated water since the early 1960s. Un-surprisingly, they have much lower levels of tooth decay than comparable areas in England where the water does not have added or naturally occurring fluoride in. Around 5.8 million people in England, across 27 councils, receive fluoridated water.

At the levels allowed by UK legislation, the only potential negative impact is a greater risk of dental fluorosis, which is a mottling on the teeth usually in the form of white lines or patches. We have to remember that dental fluorosis is common in both fluoridated and non-fluoridated areas. PHE monitors the oral and general health of people in fluoridated and non-fluoridated areas.

However, the harm from tooth decay is clear; in 2013 almost a third (31%) of five-year-olds and almost half (46%) of eight-year-olds had tooth decay, the most common reason for five- to nine-year-olds being admitted to hospital. Poor oral health can also negatively impact on a person’s ability to sleep, eat, speak and socialise. Despite being entirely preventable, tooth decay continues to cause pain and misery for a large number of people and is a significant drain on increasingly scarce NHS resources. Decades of research makes clear that water fluoridation helps to reduce tooth decay.

What about the fluoride in toothpaste?

Since the 1970s fluoride has also been added to toothpaste and dental products such as gels and varnishes. Ultimately, it’s beneficial to get fluoride from toothpaste when brushing teeth as well as from water, which offers an additional background level throughout the day. Water fluoridation is one of a range of measures including supervised tooth brushing programmes that councils can consider improving oral health in their area.
What can the dental profession do?

Dentists should recognize that they are in a unique and important position to deliver the water fluoridation message, and they should be prepared to underscore the importance of fluorides, including drinking fluoridated water, to patients during routine examinations. Dentists can educate themselves and their staff members about the importance and safety of water fluoridation.

Evidence suggests that for communities to continue supporting water fluoridation they need consistent, accurate and timely advice. Individual dentists and dental organisations can provide this assistance. They should emphasize the consistent research findings about the effectiveness of water fluoridation in preventing dental caries to all their patients and the wider population that they serve. Only then will fluoridation of community water supplies become a reality.

The dental profession needs to take ownership of this issue and champion the benefits of water fluoridation

“Working together to improve oral health”
The dental e-referral system has been successfully in operation in Shropshire and Staffordshire for more than 12 months. Most service users will be familiar with the operation of the online portal, however a number of common mistakes/errors do keep re-occurring. Below is a simple guide with some hints and tips on how to improve the service user experience of the system.

Whenever a referral is being generated it is imperative that as much information is populated into the algorithm as possible to enable the correct processing of the referral and also to enable the providers that receive the referrals to triage the patients correctly. This is especially true for patients that are on a number of medications or have relevant medical conditions to the referral. The addition of photographs and/or radiographs greatly enhances referrals. Please can all service users ensure that wherever possible these are included in all referrals.

Logging into Rego

Authentication Failure Message? – Please check the following:

- The date and/or time are correct on the practice computers/server
- An authentication code is entered and ‘Validate Code’ has been clicked within the designated timeframe
- The Secret Key is correct

Creating a Referral

Starting the Referral – There are a number of ways a referral can be generated. This can be done either directly from launching Rego or via a dental management software system e.g. Exact/Carestream. After obtaining patient demographics either directly from a record system or by manual entry, Rego automatically searches for an NHS number and GP practice from the NHS Spine Service. Should a GP practice not be identified, users will be required to select from a drop-down list or manually input the details.

Add or Upload Additional Information

After indicating whether the patient has a severe gag reflex and/or severe dental anxiety along with any associated questions in the medical history and other patient modifying factors section, users will be requested to indicate whether they ‘Would you like to add/upload any additional information?’.

If there is no other information to provide, select ‘None’

To upload images/documents, select ‘Upload Information’ and click the ‘Add’ button to upload.

This is especially useful for uploading patient’s prescription list of medications.

To add additional information, select ‘Free-text information’ and type/paste into the field provided.

Medical History

It is imperative that any relevant and pertinent medical history is included in this section as it may have a direct impact on how the patient is treated.
The Next Button

The purple ‘Next’ button located at the bottom right, only appears after ALL mandatory fields have been completed in the medical history and patient modifying factors section. It will also appear once completing each reason for referral and allow users to progress through to the next section. If the “Next” button does not appear please go back and check that all sections have been completed.

I can't refer for Community (CDS)

This may be due to the following:

- Age of the patient. For example, only patients under 16 years old may be able to refered for paediatric services
- Complexity of the patient’s medical conditions, medications and/or modifying factors. For example, in certain regions, patients with complex conditions may be eligible for community dental services (CDS)
- Not indicating that a patient has a severe gag reflex or severe dental anxiety. For example, in certain regions, an option for referral for sedation will not appear
- The Clinical Commissioning Group (CCG) in which the patient’s GP practice is located. For example, in some regions, local salaried services only appear for patients registered with a GP practice within specific CCGs
- Changes made to the medical history and modifying factors section prior to sending a referral, may impact and even remove a reason for a referral.

Completing the Reason/s for Referral

Each reason for referral requires specific information and is dynamic according to responses provided. Once ALL mandatory fields have been completed and where required, images uploaded, users may click ‘Next’ to proceed.

Please use the supplementary and free text boxes to provide as much extra information as possible to allow the providers to make the best decisions about how to treat the patient.

Attaching Documents/Images

Based on the information provided and the reason for referral, it may be mandatory to upload documents/images. The system facilitates various methods to upload files. Please follow the clear instructions on the system. There is a lot of built in guidance provided.

For further help and guidance please go to the “Support” pages on REGO. They have lots of extra information and help on how to progress referrals. If all else fails, you can always give them a call,

Vantage Rego Helpline – 0207 9935870

“Working together to improve oral health”
Maxcourse - New course programme and fees

Health Education England (HEE) Midlands and East is currently undergoing a period of change and we are working to standardise our processes across the Region.

New course programme

Our course programme October 2019 – December 2019 will be released by the 1st June. You will be notified when courses falling in the period post December 2019 are available for you to book onto. Please ensure you check your emails regularly and check that we have the correct contact information from you to ensure you receive these important notices.

Delegate fees

HEE Postgraduate Dental Workforce Development (DWD) courses in the West Midlands are heavily subsidised by Health Education England. In line with the other offices in Midlands and East (East Midlands and East of England) we are introducing delegate charges for all courses from October 2019.

The DWD courses will still be subsidised by HEE and the impact of these charges will be reviewed after a year. The course charges will include a nominal charge per session plus charges for any catering provided and any materials used.

HEE Postgraduate DWD courses are designed to develop the multi-professional dental team to support engagement from all registrants. Every course place is subsidised at present by HEE. Future charges will reflect a differential fee structure for dentist and dental team member courses which will allow DCPs to more easily access DWD courses. Unlike other course manager systems used across Midlands and East, Maxcourse is unable to charge differential rates for DCPs and dentists for the same course, so it has been agreed that a different nominal charge will be applied to dental team courses and dentist only courses. Please see below:

- Evening course for all the dental team: £7.50 per delegate plus the cost of food/materials.
- Evening course for dentists: £10.00 per delegate plus the cost of food/materials.
- ½ day course for all the dental team: £10.00 per delegate plus the cost of food/materials.
- ½ day course for dentists: £20.00 per delegate plus the cost of food/materials.
- Full day course for all the dental team: £20.00 per delegate plus the cost of food/materials.
- Full day course for dentists: £40.00 per delegate plus the cost of food/materials.
- Hands on – all day: £40.00 per delegate plus the cost of food/materials.

Jane Davies-Slowik

Associate Dental Dean

Health Education England working across Midlands and East, West Midlands Local Office

“Working together to improve oral health”
UHNM’s #keepstokesmiling campaign is being taken to new heights, with a series of billboards set to go up across the city. The campaign aims to help educate young people in Stoke on Trent about the damaging effects of too much sugar on teeth. The billboards have been specially designed by students at Newcastle under Lyme College and Stafford College and are part of a wide array of tools being used by the hospital and local health partners to tackle the growing problem of tooth decay in the younger generation. Some examples of the artwork can be seen below.

Five-year-old children in Stoke-on-Trent are in the bottom quarter of England’s Local Authority tooth decay league and Stoke has four times the number of hospital admissions for decayed teeth than in the rest of the UK.

Karen Juggins, Consultant Orthodontist who is leading the initiative, said: "Grossly decayed teeth in children and young adults are one of Stoke’s biggest dental health problems. The consumption of high sugar-content fizzy drinks is without doubt a large contributing factor and many of our patients seem unaware of the consequences. We’ve set out on a mission to improve the dismal statistics we are seeing year after year.”

“We’re thrilled that our campaign is being given such a fantastic boost with the billboards. The artwork has been intelligently designed by some young and talented people who actually make up our target audience and will be going up in really busy parts of the city, which means that thousands of people will see them. We know that social media is also a fantastic way to educate our patients and promote orthodontics and good dental health, and Instagram offers us an opportunity to share reliable information with patients about their orthodontic treatment and oral health in general, so we are making full use of these tools too.”

UHNM’s orthodontic team has collaborated with colleagues in general dental practice and general medical practice, the community dental service, dental public health, NHS England and the Local Dental Network.

You can follow the Stoke Orthodontic Team on #keepstokesmiling

“Working together to improve oral health”
“Working together to improve oral health”
Download Our New Mobile App For Free!

✓ Instant LDN Notifications
✓ Latest Guidance Documents and Policies
✓ Important Messages
✓ Information On Local Dental Courses
✓ Newsletters & Much More...

To Get An Invitation To The LDN App Please Email jo.athersmith@nhs.net

Download on the App Store
Download on Google Play
National Smile Month is the largest and longest-running campaign to promote good oral health.

Together, with thousands of individuals and organisations, it highlights three key messages, all of which go a long way in helping us develop and maintain a healthy mouth. They are:

- Brush your teeth last thing at night and on at least one other occasion with a fluoride toothpaste.
- Cut down on how much sugary food and drink you have, and how often you have them.
- Visit your dentist regularly, as often as they recommend.

Ultimately, the aim is to help us achieve good physical and mental wellbeing by improving our oral health.

The campaign encourages dental and health professionals, schools, pharmacies, community groups, colleges and workplaces – in fact anyone with an interest in good oral healthcare – to join in and help us educate, motivate and communicate positive oral health messages and improve the quality of smiles all around the world.

“Working together to improve oral health”
With the help and enthusiasm of those who are passionate about promoting healthy lifestyles and improving the quality of life for others, National Smile Month sees thousands of events and activities, educating and engaging local communities about the importance of a healthy mouth.

How to get involved?

Here are just a few things that you can download and use to promote National Smile Month. We’ll be adding more free downloads to this area so that you can support us throughout the month so keep coming back.

**National Smile Month Guide and catalogue**

Tells you all about National Smile Month and how you can participate. Most importantly, the guide contains all our educational resources and products so that you can make the most out of any events and activities you plan to run [download National Smile Month 2019 Guide] [download National Smile Month 2019 Catalogue].

**Supporter logo**

Add the National Smile Month logo to any of your campaign materials, website and social media to show your support [download supporter logo].

**Social media headers**

Add these covers to your social media accounts to show your support throughout National Smile Month.

[Download Twitter cover] [Download Facebook cover]

**Sponsorship form**

Print off our sponsor sheet and have your family, friends and colleagues support your event [download sponsorship form].

**Email signature**

A small banner to insert on your email signature will help share the campaign far and wide [download email signature].

**Press release template**

if you are doing an event for national Smile Month, or simply want to show your support for the campaign in your local community, use this press release to target your local media [download press release template].

For further help and guidance please visit the Smile Month webpages https://www.dentalhealth.org/FAQs/national-smile-month-downloads

“Working together to improve oral health”
# Contact details

If you have anything that you would like to include in future newsletters, please send it to Joanne Athersmith at jo.athersmith@nhs.net. If you know anybody that has been missed off the mailing list or would like to add someone to the mailing list, then please can you also contact Jo on the email address above.

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<tr>
<th>LPN member contact details</th>
<th>Community Dental Services officer – Richard Beck</th>
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<tr>
<td>Chair – Nadeem Ahmed (Tony)</td>
<td><a href="mailto:richard.beck@ssotp.nhs.uk">richard.beck@ssotp.nhs.uk</a></td>
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<td><a href="mailto:nadeem.ahmed9@nhs.net">nadeem.ahmed9@nhs.net</a></td>
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<td>Consultant in DPH – Kate Taylor-Weetman</td>
<td>Local Dental Committee representative—Adam Morby</td>
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<td><a href="mailto:kate.taylor-weetman@nhs.net">kate.taylor-weetman@nhs.net</a></td>
<td><a href="mailto:secretary@southstaffslidc.com">secretary@southstaffslidc.com</a></td>
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<td>GDPA – Frank Hollinshead</td>
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<td>Primary care orthodontic GDP – Graeme Manzie / Philip Barton</td>
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<td>Primary Care Lead and deputy chair—Darrell Jackson</td>
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<td>2 GDP representatives—Kaushik Paul/Hollie Travis</td>
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<td>Patient representative – Healthwatch Staffordshire</td>
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<td>George Wallace – <a href="mailto:merecats16@hotmail.co.uk">merecats16@hotmail.co.uk</a></td>
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<td>Orthodontic Consultant in secondary care – John Scholey</td>
<td>Dental Care Professional representative—Helen Griffiths</td>
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<td><a href="mailto:Jane.Davies-Slowik@wm.hee.nhs.uk">Jane.Davies-Slowik@wm.hee.nhs.uk</a></td>
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<td>Restorative consultant in secondary care –</td>
<td>Admin and secretarial</td>
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<tr>
<td>David Newsum / Stephen Brindley</td>
<td>Joanne Athersmith <a href="mailto:jo.athersmith@nhs.net">jo.athersmith@nhs.net</a></td>
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<td><a href="mailto:stephen.brindley@uhns.nhs.uk">stephen.brindley@uhns.nhs.uk</a></td>
<td>Trudy Powell</td>
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“Working together to improve oral health”